



# Jack Petchey's "SPEAK OUT" Challenge!



## ***The world's biggest youth speaking event***

20,000 Students

550 Schools

46 Regions

1 Challenge

***Here is some information about your "Speak Out" Challenge! Workshop***

### **So what happens at the workshop?**

On the day you will learn how to speak in public and communicate **easily** with confidence and enjoyment.

The day is **great fun**, no boring lectures and very interactive, which means you will be practising the skills you are learning throughout the day.

*"If only every day at school was like this"* Michael, Leytonstone School

### **How long will it last?**

The workshop takes place at your school and it is a **normal school day**, lasting from first period to the end of the school day. You will have your breaks and lunch as normal.

*"Make it longer than one day please, it was too fun for just 1 day"* Ladon, William Ellis School

### **Do I need to bring anything with me?**

Just your ideas - you don't even need a notebook, as you will receive your own workbook to keep.

Taking part for the day means you will receive a special **Jack Petchey's "Speak Out" Challenge!** certificate.

*"Wow! I thought it was going to be boring. It was amazing!!!"* Ross, Jo Richardson School

### **What happens if I am nervous?**

Being **nervous is normal**, just another form of excitement. Most people learning a new skill are nervous at the beginning. You will discover as you start speaking in public that it gets easier and it is great fun.

*"Such a cool experience. I feel more confident now. Thanks"* Claudia, La Sainte Union School

### **How many times will I speak?**

You will have the chance to speak several times, learning how to think quickly and finding out how to prepare a speech and deliver it. **It is much easier than you think!**

You will be asked to give a short speech about yourself, only a minute in length.

You will also have an opportunity to **"Speak Out"**, to give another speech on a subject that you feel really strongly about. You can talk about **anything** you want.

So why not start to think about things that **motivate** you, maybe something you want to **change** or an **issue** that is important to you. It is **your choice**, you can talk about **anything YOU want**

*"It's absolutely incredibly fantastic and I learnt almost too much!"* Ahmed, Henry Compton School

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## **The world's biggest youth speaking event**

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### **How many take part?**

Jack Petchey's "Speak Out" Challenge! is open to **between 25 and 50** students in **Year 10**. It is up to your school to pick the students taking part, so why not tell your teacher now that you are up for it and book your place.

*"Very enjoyable & fun, but I feel sorry for others in my year who didn't get this chance"* Joel, JFS School

### **Is there a competition as well as the training?**

The **training** is the **most important** part of the day, but there is a competition as well. Everyone will take part in the afternoon and give their "Speak Out" speech. There will be special certificates for **Most Improved, 3<sup>rd</sup>, 2<sup>nd</sup> and 1<sup>st</sup>**.

*Note: Often it is the students who are the quietest or the shyest that get the most from the workshops and make the most progress.*

*"I believe the day was truly inspiring... I improved in confidence with every speech I did"* Jade, Kingsbury High School

### **Do the winners go forward to anything else?**

First of all there is the "Speak Out" Assembly at your school, then the **winner** and sometimes the **runner-up** will go forward to their **Regional Final** (there are **120 iPods** as prizes), and a chance to "Speak Out" in front of the **Mayor, politicians** and all your **family and friends**.

Even if you don't win at your school you can come along and support your friends.

**18 Speakers** will then go forward to the **Gala Grand Final**, which takes place this year at the Mermaid Centre in London, on the **10<sup>th</sup> July 2009**.

*"An inspiration for all, talented young people who have the skills and passion to change the world"*  
Joyce Ohajah, Presenter - ITV

### **Who is paying for all this?**

A great guy called **Jack Petchey** is sponsoring the whole lot, **half a MILLION pounds!!!** He feels that these are essential skills that everyone deserves to learn.

*"From hating the idea to loving the idea in 7 hours, thanks Jack Petchey"* Lawson, Greenford High School

### **When is my school taking part?**

Have a look at the right side of the website "**When and where**" or get your school to contact us [info@speakoutchallenge.com](mailto:info@speakoutchallenge.com). And you can start looking forward to taking the "**Challenge!**"

*"I don't have enough words to say all the things I've learnt. Something like this only happens once in a lifetime. USE IT TO YOUR ADVANTAGE"*  
Temsin, Highgate Wood School

**PS – Check out the website for lots of other Challenges and FREE Prizes!!!**

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