



# Jack Petchey's "SPEAK OUT" Challenge!



## **The world's biggest youth speaking event**

20,000 Students

550 Schools

46 Regions

1 Challenge

### **Top Ten Tips to Keep Speaking Out**

By the end of the day's training you will feel more confident about speaking in public.

Speaking in public is a skill you need to keep working at so here are a few ideas for you to consider. **Note:** Those marked with an **asterix\*** will look great on your **CV**, and don't forget to mention your **Certificate of Achievement** at a job interview.

- 1.) Put your workbook somewhere safe so that the next time you have to do a presentation to a group you can re-read the tips we have given you for speaking in public. And don't forget to take the ONLINE Challenges
- 2.) Volunteer to give a brief public "**vote of thanks**" to someone who has made an effort for you or your school
- 3.) Take part in school open days or events to act as a **school ambassador**. \*
- 4.) Take the initiative and **start** a school public speaking club or join the debating society. It will be great fun. \*
- 5.) Put yourself forward to **report back** to your teacher after any curriculum-based group discussions.
- 6.) Volunteer to take a **mentoring role** towards a new arrival at your school. \*
- 7.) Pass on some of your **speaking tips and techniques** to your friends or family.
- 8.) If you are part of a club, team or society consider taking up a **post of responsibility** which will give the opportunity to get involved in meetings, PR activities, decision-making and planning. \*
- 9.) Take a higher profile role in school or charity fundraising. Develop a good one minute speech on **how** people can support the cause, **what** they can do, **when** they should do it, **where** the focuses of activities are going to be directed and **why** they should support you. \*
- 10.) Chair a **brainstorming session** on new ideas of how to develop and build on your public speaking skills. You will be building your confidence, leading a group discussion, listening to ideas and encouraging creativity.

**Caroline Clark 2007** © *If you would like to comment on this article please email me on [carolineclark@speakersbank.co.uk](mailto:carolineclark@speakersbank.co.uk)*