



Jack Petchey's "SPEAK OUT" Challenge!



The world's biggest youth speaking event

20,000 Students

550 Schools

36 Regions

1 Challenge

Here is some information about your "Speak Out" Challenge! Workshop

So what happens at the workshop?

On the day you will learn how to speak in public and communicate **easily** with confidence and enjoyment.

The day is **great fun**, no boring lectures and very interactive, which means you will be practising the skills you are learning throughout the day.

"I don't have enough words to say all the things I've learnt. Something like this only happens once in a lifetime. USE IT TO YOUR ADVANTAGE!" Temsin, Highgate Wood School

How long will it last?

The workshop takes place at your school and it is a **normal school day**, lasting from first period to the end of the school day. You will have your breaks and lunch as normal.

"Make it longer than one day please, it was too fun for just 1 day!" Ladon, William Ellis School

Do I need to bring anything with me?

Just your ideas - you don't even need a notebook, as you will receive your own workbook to keep.

Taking part for the day means you will receive a special **Jack Petchey's "Speak Out" Challenge!** certificate.

"Wow! I thought it was going to be boring. It was amazing!!!" Ross, Jo Richardson School

What happens if I am nervous?

Being **nervous is normal**, just another form of excitement. Most people learning a new skill are nervous at the beginning. You will discover as you start speaking in public that it gets easier and it is great fun.

"Such a cool experience. I feel more confident now. Thanks." Claudia, La Sainte Union School

How many times will I speak?

You will have the chance to speak several times, learning how to think quickly and finding out how to prepare a speech and deliver it. **It is much easier than you think!**

You will be asked to give a short speech about yourself, only a minute in length.

You will also have an opportunity to **"Speak Out"**, to give another speech on a subject that you feel really strongly about. You can talk about **anything** you want.

So why not start to think about things that **motivate** you, maybe something you want to **change** or an **issue** that is important to you. It is **your choice**, you can talk about **anything YOU want**

"It's absolutely incredibly fantastic and I learnt almost too much!" Ahmed, Henry Compton School

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How many take part?

Jack Petchey's "Speak Out" Challenge! is open to **between 25 and 50** students in **Year 10**. It is up to your school to pick the students taking part, so why not tell your teacher now that you are up for it and book your place.

"Very enjoyable & fun, but I feel sorry for others in my year who didn't get this chance" Joel, JFS School

Is there a competition as well as the training?

The **training** is the **most important** part of the day, but there is a competition as well. Everyone will take part in the afternoon and give their "**Speak Out**" speech.

Some of you will speak in a formal and serious way; others will choose to deliver their message through humour. Whatever your own personal style and choice of subject, it is important to convey a positive and upbeat message. Remember positive messages that engage an audience will attract higher marks whilst provocative/ offensive content will be marked lower.

If you are motivated by competitions & prizes you will only have one day to shine: **BE READY!**

"I believe the day was truly inspiring... I improved in confidence with every speech I did" Jade, Kingsbury High School

Do the winners go forward to anything else?

First of all there is the "Speak Out" Assembly at your school, then the **winner** and sometimes the **runner-up** will go forward to their **Regional Final** (there are **36 iPods** as prizes), and a chance to "**Speak Out**" in front of the **Mayor, politicians** and all your **family and friends**.

Even if you don't win at your school you can come along and support your friends.

15 Speakers will then go forward to the **Gala Grand Final** at the Queen Elizabeth Hall at London's Southbank Centre on **Monday 2nd July 2012**.

"An inspiration for all, talented young people who have the skills and passion to change the world"
Joyce Ohajah, Presenter - ITV

Who is paying for all this?

A great guy called **Jack Petchey** is sponsoring the first workshop to the tune of **half a MILLION pounds!!!** He feels that these are essential skills that everyone deserves to learn. Your school will contribute towards funding for any second workshop taken.

"From hating the idea to loving the idea in 7 hours, thanks Jack Petchey!" Lawson, Greenford High School

When is my school taking part?

Have a look at the right side of the website "**When and where**" or get your school to contact us JPSpeakout@speakerstrust.org. And you can start looking forward to taking the "**Challenge!**"

"If only every day at school was like this." Michael, Leytonstone School

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